

## **Welcome to Cornerstone Counseling Services, LLC.**

### ***Child/Adolescent Therapy Client Form***

Welcome and thank you for choosing Cornerstone Counseling Services, LLC. This document is designed to answer some frequently asked questions about me, the counseling process, my professional relationship with your child and the caregiver(s), confidentiality and your financial obligation. As you read this document, feel free to mark any places which are not clear to you or with any question you would like to further discuss.

Counseling is designed to increase the coping skills of your child/adolescent, and allow for healing and growth. Success cannot be guaranteed with counseling; however I am committed to using a number of highly researched approaches during the counseling process. The nature of the counseling process is very personal. Therefore, we maintain a professional relationship consistent with accepted ethical standards. You are in complete control and may end our professional relationship at any time. I do not take on a client whom, in my professional opinion, I cannot help using the knowledge and techniques I have available. If necessary, I will make these referrals at our initial conversation on the telephone or in our initial meetings. In some cases it takes multiple meetings to assess one's needs or we may come to a point where I feel that I can no longer meet your child's needs. If I do not feel that your child will benefit from my services, I will refer you to others or agencies which would be better able to serve your child's individual needs.

Parents have the right to any and all information regarding your child. Because the presence of trust is important in the therapeutic relationship between your child and me, it is generally best that we do not share specifics of individual sessions with you. However, you have the right and responsibility to question and understand the nature of your child's treatment and the progress being made. If your child is able to understand the issues of confidentiality, I will discuss with him/her the type of information that will be shared with you. If you have any objections to the manner in which information is shared with you regarding your child, we will need to address and resolve those concerns before therapy begins.

#### **What to expect at the first appointment:**

The initial meeting will be 60 minutes in length. There will be an initial "intake session" with the counselor and caregiver(s) only. The initial session is designed to obtain the family history, a history of the child's development, background, reason for referral, and concerns the caregiver may have. During the initial session, caregivers have the opportunity to ask questions, and become educated on the therapeutic process. At the end of the session, the counselor will provide recommendations. It will be helpful at that time for you and the counselor to discuss and decide on the options and recommendations you want to pursue. Sessions with your child/adolescent will be with the counselor and the child only; however, there may be occasions where the counselor invites other family members to participate in counseling sessions. Counseling sessions will be 50 minutes in duration. Extended sessions can be arranged as needed by prior agreement with your counselor.

**Cornerstone Counseling Services, LLC.**

***Child/Adolescent Client Information***

The purpose of the following questionnaire is to help your counselor understand some important things about your child in order to help your child and your family most effectively. Please complete all pages.

Child's Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Child's date of birth: \_\_\_\_\_ Age \_\_\_\_\_ Gender: \_\_\_\_\_ M \_\_\_\_\_ F

Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ E-mail \_\_\_\_\_

Phone (H) \_\_\_\_\_ Permission to call \_\_\_ Y \_\_\_ N Leave Message \_\_\_ Y \_\_\_ N

Phone (W) \_\_\_\_\_ Permission to call \_\_\_ Y \_\_\_ N Leave Message \_\_\_ Y \_\_\_ N

Cell phone \_\_\_\_\_ Permission to call \_\_\_ Y \_\_\_ N Leave Message \_\_\_ Y \_\_\_ N

**Caregiver/Parent Information**

(1) Caregiver/Parent Name: \_\_\_\_\_ Age \_\_\_\_\_

Marital Status:

Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Engaged \_\_\_ Separated \_\_\_ Widowed \_\_\_ Partnership \_\_\_

Name of Spouse/Significant other: \_\_\_\_\_ Age \_\_\_\_\_

Length of time together: \_\_\_\_\_ years \_\_\_\_\_ months

(2) Caregiver/Parent Name: \_\_\_\_\_ Age \_\_\_\_\_

Marital Status:

Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Engaged \_\_\_ Separated \_\_\_ Widowed \_\_\_ Partnership \_\_\_

Name of Spouse/Significant other: \_\_\_\_\_ Age \_\_\_\_\_

Length of time together: \_\_\_\_\_ years \_\_\_\_\_ months

If divorces or separated-

CustodyStatus: \_\_\_\_\_

EmergencyContact: \_\_\_\_\_  
(Name) (Relation) (Phone)

How did you hear about CCS, LLC? \_\_\_\_\_

If referral, who referred you to CCS, LLC? \_\_\_\_\_

**Presenting Problem for Caregiver/Parent**

Please circle stressors **you** have had in recent months-

Marital Issues                  Health Issues                  Job Issues                  Financial Issues  
Parent/Child Issues                  Past Issues                  Other: \_\_\_\_\_

**Child's Presenting Problem(s) \* Please circle all that apply.**

Sexual abuse                  Physical abuse                  Neglect                  Delinquent behavior  
Nightmares                  Suicidal thoughts                  Sexually acting out                  Sleeping problems  
Anxiety                  Shyness                  Academic problems                  Change in appetite  
Concentration                  Bed wetting                  Stealing                  Clinging behavior  
Impulsivity                  Temper outbursts                  Withdrawn                  Lying  
Peer conflict                  Drug use                  Alcohol use                  Stubbornness  
Running away                  Missing school                  Health issues                  Strange thoughts  
Legal trouble                  Harming self                  Head banging                  Overactive  
Skipping school                  Sexual problems                  Fearful

Other problems and/or concerns: \_\_\_\_\_  
\_\_\_\_\_

How long have these problems occurred (number of weeks, months, years): \_\_\_\_\_

Why did you decide to seek counseling at this time? \_\_\_\_\_  
\_\_\_\_\_

Describe how you hope counseling will help your child? \_\_\_\_\_  
\_\_\_\_\_

Describe how you hope counseling will help you and your family? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Current Family Situation

List the occupants in the home, even if temporary: \_\_\_\_\_

Biological siblings (list names and ages in order of oldest to youngest) \_\_\_\_\_

Are there any current concerns regarding siblings? (Please list concerns.) \_\_\_\_\_

Has the child ever been exposed to domestic violence? \_\_\_ Y \_\_\_ N

Traumas or losses (please indicate the loss or trauma and the age of the child): \_\_\_\_\_

## Living Arrangements

Is there currently a custody dispute? \_\_\_ yes \_\_\_ no \_\_\_ possibly

Is there weekend visitation with a non-custodial parent? \_\_\_ yes \_\_\_ no

Has your child recently moved? \_\_\_ yes \_\_\_ no Number of moves in child's life? \_\_\_\_\_

Who makes the decisions regarding the household money, discipline, routine? \_\_\_\_\_

What is your major form of discipline? (Example: grounding, spanking, taking away TV, etc.) \_\_\_\_\_

Who is the major disciplinarian? \_\_\_\_\_

## Physical/Mental Health of Client and Family Members:

*Please note all health problems your child has had or has now:*

Age	Age	Age	Age
High fever _____	Dental problems _____	Dizziness _____	Sinus problems _____
Pneumonia _____	Weight problems _____	Tonsils out _____	Heart problems _____
Flu _____	Vision problems _____	Allergies _____	Hyperactivity _____
Encephalitis _____	Skin problems _____	Meningitis _____	Asthma _____
Earaches _____	Hearing problems _____	Blood pressure _____	Convulsions _____

**Age**

**Age**

**Age**

**Age**

Headaches \_\_\_\_\_

Fainting \_\_\_\_\_

Unconsciousness \_\_\_\_\_

Accident prone \_\_\_\_\_

Head injury \_\_\_\_\_

Anemia \_\_\_\_\_

Stomach problems \_\_\_\_\_

Major illness or physical limitations: \_\_\_\_\_

\_\_\_\_\_

Has your child ever been hospitalized? If so please explain? \_\_\_\_\_

\_\_\_\_\_

Please list all medications your child is taking: \_\_\_\_\_

Name of Primary Care physician: \_\_\_\_\_

Name of other physicians your child is seeing, especially psychiatrists: \_\_\_\_\_

\_\_\_\_\_

Has your child ever seen a counselor before? \_\_\_\_yes \_\_\_\_no

Duration of therapy: \_\_\_\_\_

Name of counselor: \_\_\_\_\_

What was the presenting problem? \_\_\_\_\_

Has your child ever had a psychiatric diagnosis? \_\_\_\_\_ If yes, what was the diagnosis? \_\_\_\_\_

### **Family Medical and Psychiatric History**

Medical problems or disabilities in the family: \_\_\_\_\_

\_\_\_\_\_

Psychiatric history in family: \_\_\_\_\_

\_\_\_\_\_

Substance abuse history: \_\_\_\_\_

\_\_\_\_\_

### **Developmental History**

#### **Prenatal**

Please list any problems or complications with pregnancy or delivery

\_\_\_\_\_

\_\_\_\_\_

**Developmental Milestones**

(Referring to age when the child walked, talked, potty trained, etc.)

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**Educational History**

Name of child's school: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher(s) name: \_\_\_\_\_

Average grades: \_\_\_\_\_

Concerns regarding school academics or behavior: \_\_\_\_\_

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Have there been any significant changes or problems in school behavior or grades? \_\_\_\_\_

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Child's best subject: \_\_\_\_\_ Child's most challenging Subject: \_\_\_\_\_

Please check the following according to your child:

Learning disabilities: \_\_\_\_yes \_\_\_\_no If yes, please explain? \_\_\_\_\_

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Gifted program: \_\_\_\_yes \_\_\_\_no

ADD \_\_\_\_yes \_\_\_\_no ADHD \_\_\_\_yes \_\_\_\_no

Participate in extracurricular activities? \_\_\_\_yes \_\_\_\_no

If yes, please explain? \_\_\_\_\_

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**Social history**

In school how many friends does your child have? \_\_\_\_a lot (more than 5) \_\_\_\_a few (1-5) \_\_\_\_none

How much time does your child spend with other children outside of school during the week?

0-1 day\_\_\_\_ 2-3 days\_\_\_\_ 4-5 days\_\_\_\_ more than 5 days\_\_\_\_

Please list child's special interests, hobbies, skills: \_\_\_\_\_

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How does your child get along with...

Peers-

Adults-

Teachers-

Parents-

Other-

Is your family connected with any groups, churches, or religious organizations? \_\_\_\_\_

\_\_\_\_\_

Has your child ever had difficulty with the police? \_\_\_\_\_yes \_\_\_\_\_no If yes, please explain? \_\_\_\_\_

\_\_\_\_\_

Has your child ever been on probation? \_\_\_\_\_yes \_\_\_\_\_no

Is your child employed? \_\_\_\_\_yes \_\_\_\_\_no

Additional comments, questions, or concerns:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Print Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*Policies*

Please initial where indicated, stating you have read and understand the information provided.

**Confidentiality-** A very important aspect of developing the openness, honesty, and trust between counselor and client is confidentiality. Whatever you share with your counselor will be kept in the strictest confidence and will not be disclosed to anyone without your express, written consent. At the same time, it is important for you to know that, under Georgia law; a few situations sometimes arise in which your counselor is both legally and ethically required to make disclosures that are necessary to ensure the safety of yourself or others. Those situations include: suspected child abuse, threat of physical violence to others, and/or suicidal intent. Your counselor will further discuss any aspect of confidentiality, which may concern you.

*Initials* \_\_\_\_\_

**Court-** Your counselor will not participate in divorce or child custody proceedings because the same professional should not perform evaluation and therapy. If subpoenaed by the court of law, I will first assert client-counselor privilege. However, if ordered by a judge to disclose information, my fees for appearing in court are an hourly rate of \$200 and must be paid at the end of each day in attendance.

*Initials* \_\_\_\_\_

**Emergencies-** If you have an emergency (something that cannot wait for your next appointment), please call 678-954-5814. I will make every effort to return your call within 24 hours, with the exception of weekends and holidays. If you feel that you cannot wait, please call 911 or go to the nearest Hospital Emergency Room for help. Please do not wait for your counselor to contact you to utilize those resources.

*Initials* \_\_\_\_\_

**Insurance-** Cornerstone Counseling Services, LLC. files for insurance reimbursement. Since each insurance company is different in the health benefits it provides, there can be no guarantee that the counseling services you receive will be covered. Although your counselor is a qualified and licensed professional, exact requirements for payment vary. You should be able to ascertain your plan's eligibility from your agent, your insurance company, or your employer. In the event that your insurance company requires correspondence with your counselor in order to reimburse you for services provided at Cornerstone Counseling Services, LLC, you will be asked to provide specific written consent for the counselor to communicate with your insurance company. Please let your counselor know if you intend to file a claim.

Are you planning to file a claim for reimbursement of services with your mental health insurance provider?

\_\_\_\_\_ Y \_\_\_\_\_ N

*Initials* \_\_\_\_\_

**Cancellation Policy-** All cancellations should be made via email. Your counselor will confirm your cancelled appointment via email. For cancellations occurring at least 24 hours prior to your appointment time, no charges will be incurred. For cancellations occurring less than 24 hours prior to your appointment time, the full charge for your scheduled session will be applied. For appointments not kept (and not cancelled) the full amount will be charged.

*Initials* \_\_\_\_\_

**Payment-** Payment in full is due when services are rendered unless other arrangements have been made in advance. Fees are charged for in office sessions and phone consultations. Credit cards (Visa and MasterCard), Debit cards, and cash are accepted. Checks are not accepted.

*Initials* \_\_\_\_\_

Please sign below, indicating that you have read, understood, and received a copy of this information. If you have any questions or concerns, please discuss before signing.

**Print Full Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## Policies

### Keep This Copy for Your Records

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**Please sign below and keep the two subsequent pages of information for your records.**

#### ***Georgia Notice Form:***

By signing below, I am acknowledging that I have received a copy of the Georgia Notice Form concerning the policies and practices protecting my health information.

Print Full Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date \_\_\_\_\_

**Georgia Notice Form**  
**Notice of Licensed Professional Counselor Policies and Practices to**  
**Protect the Privacy of Your Health Information**

THIS NOTICE DESCRIBES HOW PSYCHOLOGICAL AND MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

**I. Uses and Disclosures for Treatment, Payment, and Health Care Operations**

I may use or disclose your protected health information (PHI) for treatment, payment, and health care operations purposes with your consent. To help clarify these terms, here are some definitions:

- "PHI" refers to information in your health record that could identify you.
- "Treatment" is when I provide, coordinate or manage your health care and other services related to your health care. An example of treatment would be when I consult with another health care provider, such as family physician or another psychologist.
- "Payment" is when I obtain reimbursement for your healthcare. Examples of payment are when I disclose your PHI to your health care insurer to obtain reimbursement for your health care or to determine eligibility or coverage.
- "Health Care Operations" are activities that relate to the performance and operation of my practice, Examples of health care operations are quality assessment and improvement activities, business related matters such as audits and administrative services, and case management and care coordination.
- "Use" applies only to activities within my office, such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.
- "Disclosure" applies to activities outside of my office, such as releasing, transferring, or providing access to information about you to other parties.

**II. Uses and Disclosures Requiring Authorization:**

I may use or disclose PHI for purposes outside of treatment, payment, or health care operations when your appropriate authorization is obtained. An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when I am asked for information for purposes outside of treatment, payment, or health care operations, I will obtain an authorization from you before releasing this information. I will also need to obtain an authorization before releasing your Psychotherapy Notes. "Psychotherapy Notes" are notes I have made about our conversation during a private, group, joint, or family counseling session, which I have kept separate from the rest of your medical record. These notes are given a greater degree of protection than PHI. You may revoke all such authorizations (of PHI or Psychotherapy Notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that (1) I have relied on that authorization; or (2) if the authorization was obtained as a condition of obtaining insurance coverage, law provides that insurer the right to contest the claim under the policy.

**III. Uses and Disclosures with Neither consent nor Authorization**

I may use or disclose PHI without your consent or authorization in the following circumstances:

- Child Abuse - If I have reasonable cause to believe that a child has been abused, I must report that belief to the appropriate authority.
- Adult and Domestic Abuse - If I have reasonable cause to believe that a disabled adult or elder person has had physical injury or injuries inflicted upon such disabled adult or elder person, other than by accidental means, or has been neglected or exploited, I must report that belief to the appropriate authority.
- Health Oversight Activities - If I am the subject of an inquiry by the Georgia Board of Professional Counselors, Social Workers, and Marriage and Family Counselors Examiners, I may be required to disclose protected health information regarding you in proceedings before the Board.

- Judicial and Administrative Proceedings - If you are involved in a court proceeding and a request is made about the professional services I provided you or the records thereof, such information is privileged under state law, and I will not release information without your written consent or a court order.
- Serious Threat to Health or Safety - If I determine, or pursuant to the standards of my profession should determine, that you present a serious danger of violence to yourself or another, I may disclose information in order to provide protection against such danger for you or the intended victim.
- Workers Compensation - I may disclose protected health information regarding you as authorized by and to the extent necessary to comply with laws relating to worker's compensation or other similar programs, established by law, that provide benefits for work-related injuries or illness without regard to fault.

#### **IV. Patient's Rights and Licensed Counselor's Duties**

##### **Patient's Rights:**

- Right to Request Restrictions - you have the right to request restrictions on certain uses and disclosures of protected health information. However, I am not required to agree to a restriction that you request.
- Right to Receive Confidential Communications by Alternative Means and at Alternative Locations -- You have the right to request and receive confidential communications of PHI by alternative means and at alternative locations. (For example, you may not want a family member to know that you are seeing me. On your request, I will send your bills to another address.)
- Right to Inspect and Copy -- You have the right to inspect and/or obtain a copy of PHI in my mental health and billing records used to make decisions about you for as long as the PHI is maintained in the record. I may deny your access to PHI under certain circumstances, but in some cases you may have this decision reviewed. On your request, I will discuss the details of the request and denial process.
- Right to Amend - You have the right to request an amendment of PHI for as long as the PHI is maintained in the record. I may deny your request. On your request, I will discuss with you the details of the amendment process.
- Right to an Accounting - You generally have the right to receive an accounting of disclosures of PHI. On your request, I will discuss with you the details of the accounting process.
- Right to a Paper Copy - You have the right to obtain a paper copy of the notice from me upon request, even if you have agreed to receive the notice electronically.

##### **Licensed Counselor's Duties:**

- I am required by law to maintain the privacy of PHI and to provide you with a notice of my legal duties and privacy practices with respect to PHI.
- I reserve the right to change the privacy policies and practices described in this notice. Unless I notify you of such changes, however, I am required to abide by the terms currently in effect.
- If I revise my policies and procedures, I will inform you of that change in a session or on the phone, and that information may be also provided to you in written form while you are in a session or through the mail.

##### **V. Complaints:**

If you are concerned that I have violated your privacy rights, or you disagree with a decision I made about access to your records, please inform me. You may also contact the Georgia Board of Professional Counselors, Social Workers, and Marriage and Family Counselors. You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services. I can provide you with the appropriate address upon request.

#### **VI. Effective Date, Restrictions, and Changes to Privacy Policy**

This notice will go into effect on April 14, 2003. I reserve the right to change the terms of this notice and to make the new notice provisions effective for all PHI that I maintain. If the revisions reflect a material change to the use and disclosure of your information, your rights regarding such information, our legal duties, or other privacy practices described in the Notice, I will promptly distribute the revised Notice, post it in the waiting area of my office, and make copies available to my patients.